

Worthing Pier in the News!



Newspaper reports featured in the Worthing Herald between 1960 and the late 1980's.

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22.07.1988

THANK GOODNESS IT'S FRIDAY



Treatment for the Lido

A DOSE of thalassotherapy is just what Worthing needs. A good dose of what? You heard me – thalassotherapy. The French have already caught onto the idea. In fact they've made a tourist attraction out of it. But what is thalassotherapy treatment and why is it so popular?

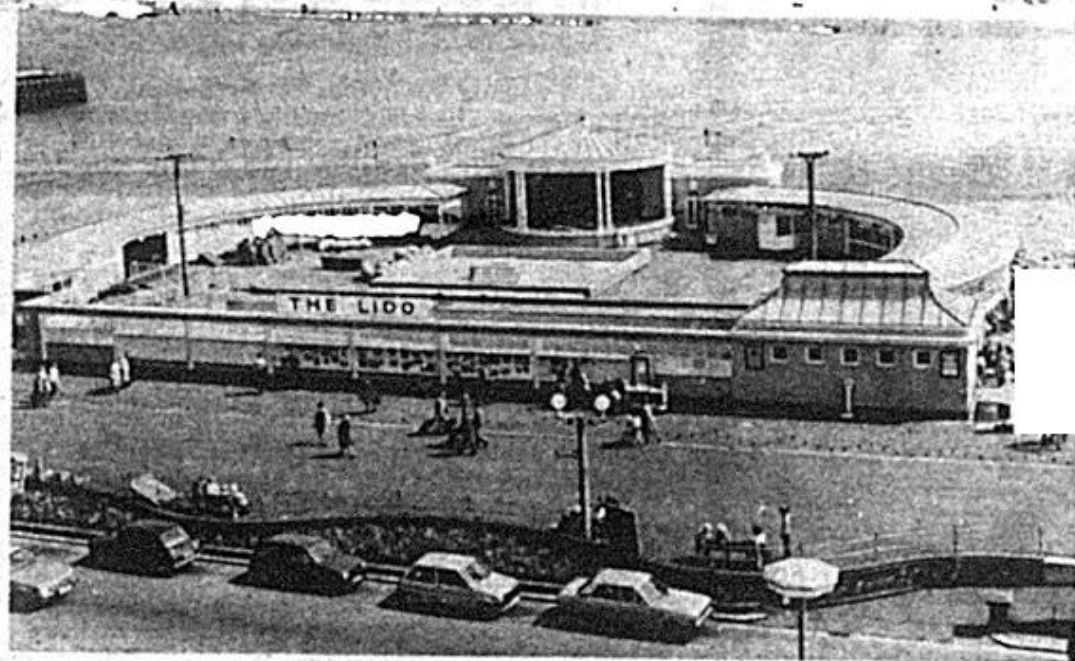
Derived from the Greek word Thalassa, meaning sea, it is the therapeutic use of seawater and seaweed to cure aches and pains, aid circulation, and rejuvenate the body. Just think what this could mean to Worthing!

A recent visitor to a thalassotherapy centre in St Malo paid £30 a day to use the various treatments.

Those people with troublesome joints in their hands and feet were apparently happily submerging them in a bright green thick seaweed paste.

I don't know if it did any good but they certainly seemed to be having a good time.

Sounds like a great use for the Lido to me.



WHY NOT A thalassotherapy centre at the Lido . . . it'll use seaweed, too.